
Winchester Churches Nightshelter

Annual Report
2015/2016

20B Jewry Street,
Winchester SO23 8RZ

01962 862050
admin@wcns.org.uk



Our Values

Honest and open

We treat everyone with kindness and respect, without prejudice or discrimination.

Safe and supportive

We provide a home where residents can be comfortable and safe and can find the help and restoration of self-esteem they need.

Flexible and caring

We foster collaboration to work as a team with residents, staff, volunteers, the local community and other partner agencies.

***Our Mission
is to help as
many people
as possible
into successful
independent
living.***

Our Vision is to enable people to escape homelessness

Winchester Churches Nightshelter is open 365 days a year offering accommodation, food and vital support services to Hampshire's homeless. It has been providing this vital lifeline since 1988 and we work with staff and volunteers to help people find more permanent housing.

The Nightshelter is an organisation consisting of a Board of Directors, Project Manager and twelve staff as well as a large and committed volunteer base.

Patrons:

- Rt Revd Tim Dakin, The Bishop of Winchester
- Baroness Celia Thomas of Winchester
- Canon Debbie Thrower

Board of Directors:

- Paul Montgomery – Chair until June 2015
- Linda Gregory – Chair from November 2015
- Sarah Lloyd – Acting Chair July to October 2015
- Marion Fletcher – Treasurer
- David Johnson – Company Secretary
- Jo James
- Julia Sinclair
- Nigel Bartlett
- Patrick Fowler
- Simon Beck
- John Harrison
- Paul Robinson
- Stewart Roberts

Good days, bad days and everything in between!

Looking Back At The Year by Michele Price, Nightshelter Manager

Small incidents at the Nightshelter can turn an ordinary day into a Good One. Recently three former residents called by to donate items for current residents: they have made good and wanted to give something back. It's always lovely when a former resident calls by to say they've found work and you see them glowing with pride and self-worth.

Less happily we learn that a resident has missed yet another support meeting – and what has he done with his money this month? Another could barely stand up last night he was so intoxicated. He didn't bother to turn up to the Nightshelter but what can we do to help him? Everyday we make difficult and heartfelt decisions – and yes, we agonise about them.





Supporting Residents

Our support staff work 1:1 with every resident on a weekly basis. We support and encourage them to reduce any dependence on alcohol and drugs. Strict rules on substance use within our building help reduce their intake. We help residents develop personal budgeting plans and set up savings and bank accounts – and if they face really difficult financial problems we signpost them to partner agency CAB. Mental health issues and learning disabilities are an increasing issue for residents and we ensure that support is accessible.

As a result of county and central government cutbacks, over 40 local bed spaces in staffed and fully supported affordable accommodation have been lost in Winchester this past year. Just “moving on” from the Nightshelter is not that easy: cuts to mental health and other services mean that less help is available to those who do not meet specified criteria, but who still need assistance and encouragement.

Fortunately for the Nightshelter, we are just one of seven agencies in our sector awarded a new contract with Hampshire County Council Adult services. This year we also were promoted to partnership status with Winchester City Council to further promote the working relationship we have with them.

Looking To The Future

We are looking at ways we may fill some of the gaps in services which are no longer provided by statutory authorities. **Depression, anxiety and other mental health complications are an increasing issue for our residents.** Recent snapshot data showed that →

The current situation has been complicated by far more drug dealers coming into the area, with a massive increase in the use of New Psychoactive Substances (NPS) and we explore this further elsewhere in this report.

The reality is that we can educate, inform, support, signpost and advise but the individual concerned still has to make the decision that THEY want to change their lives – until then progress can be painfully slow.

However, our invaluable volunteers make every resident feel special, they make Nightshelter life more pleasant and enjoyable - whether that's a donation of air conditioning equipment to rooms without a window, or cakes, meals or precious spare time. Everyone at the Nightshelter does their best to support and motivate people to move-on with improved confidence and courage to tackle life's problem days. As one of our residents said to me recently: "I feel that my get up and go, came back."

81% residents were from the Winchester area

80% were receiving support for mental health problems through their GP by means of medication but not receiving support from the community mental health team

33% had alcohol support needs

47% had substance misuse support needs

53% with a dual diagnosis of both mental health and substance misuse problems on arrival with us

60% had a history of offending.

88% were on ESA (Employment and Support Allowance) or incapacity benefit and

only **7%** were claiming Job Seekers Allowance

82% of residents moved out into planned accommodation

Financial Report

Treasurer

Marion Fletcher

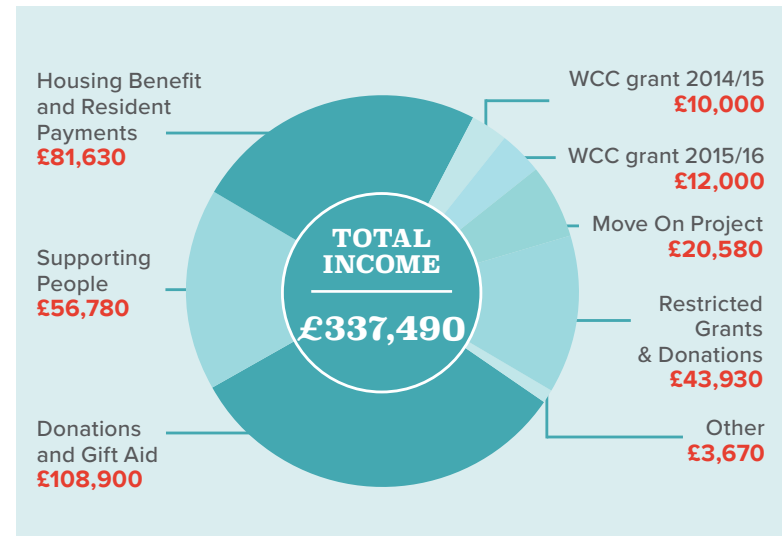
The Financial Statement for 2015/2016 shows a simplified breakdown of income and expenditure. More details and the full report can be obtained from the Treasurer or the Nightshelter office.

Our income has again increased. Donations from individuals rose to over **£60,000** and 43 people now give by regular standing orders. I again appeal to all donors to use Gift Aid if possible, as for every £10 given we can claim £2.50 from HMRC.

We received **£13,000** from local Churches, **£5,000** from the Oliver Borthwick Trust, **£1,526** from the Big Sleep Out, **£1,882** from the Winchester Round Table, and donations from many other groups. The money given by the Round Table is to help with staff costs when we stay open all day on Bank holidays.

We also received **£12,000** from Winchester City Council, as well as a back payment of **£10,000** for the previous year.

Our Move On project has been very successful in providing a safe and secure first step into the rental market for some of our residents.



We helped eight Trainee Tenants by giving them regular support throughout their tenancy and ensuring they have all the necessary help they might need.

Our expenditure is very similar to previous years, the majority of our expenditure relates to staff costs associated with direct care and support to our residents.

We received funding from a DCLG grant via Hart District Council to enable a full time Outreach and Support worker to join our team for 14 months and work closely with Winchester City Council's housing options team and other agencies within the local area. The aim of the project being to co-ordinate a comprehensive and flexible package for single homeless people and enable delivery of better integrated services across the area.

As always, we can only continue our work because of all the practical support we receive, the donations of food and other items, and the many hours given by our wonderful volunteers. Every contribution, large or small, is sincerely appreciated and we would not be able to support our residents without this generous assistance.

We have calculated (based on volunteers who sleep overnight, come in during the evenings, cook our meals or provide office support and cleaning) that

The number of hours volunteered is over 9,204 which has helped us to save around £74,000

These hours worked have enabled us to provide security and care for all of our residents.

TOTAL EXPENDITURE

£288,400



Salaries & Staff Training	→ £184,610
General Running Costs	→ £39,300
Administration	→ £9,740
Publicity/Fund raising	→ £3,890
Resident Support	→ £7,070
Other	→ £5,810
Move On Project	→ £16,420
Hart Project	→ £21,560

Substance Abuse

Outreach Worker

Olly

Olly works as an outreach worker with homeless and rough sleepers across Winchester. His role puts him on the frontline of the complicated issues faced by residents abusing New Psychoactive Substances.

‘These substances were legal until last April. People could go into a shop, buy them relatively cheaply and smoke freely on the street.

‘Because the legislation was changing, the shop in Winchester supplying “legal highs” closed in January. Immediately prices skyrocketed and a black market was created. Dealers can charge whatever prices they want, users build up debts and then steal or borrow money from other places to fuel the habit.

‘The law is right – it’s there to protect people, but the legal change hasn’t reduced usage and there are more financial difficulties among the users now.’

The Hart Project

Olly’s role is funded by the **Hart Project** – a county-wide initiative to improve joint working between homelessness charities and statutory authorities. Already the benefits mean that people who have connections to another part of Hampshire who are rough sleeping in Winchester have been supported to return to their local area in a safe and managed way.

Olly admits that because of NPS, his own mindset has shifted substantially about substance abuse. *‘I used to favour a liberal policy of needle exchanges, but the impact of NPS is like nothing else. Because it’s not a pure substance, it causes a variety of symptoms and the impact on different users can be immense.*

‘Unlike other drugs it doesn’t have a recognisable smell. Although we check residents’ bags, we’re not a prison and we don’t strip search and so it is difficult to monitor.

‘If someone is referred who is a known NPS user, we have to consider carefully whether we can take them. It’s a real dilemma and there are no easy answers...’

In Their Own Words

B was living on the streets when a street outreach worker encouraged him to come to the Nightshelter...

'He said: "Go on, give it a look" I was nose-diving, completely. I had the world on my shoulders. I was in the car park, looking down the stairwell, remembering a friend who ran off the top of the stairs, after tying something to the top and tying something to his neck...

'I was totally gob-smacked when I came through the doors. The help and the support I received was beyond expectation – way beyond. People said, "Don't worry about it, we can sort it out". And I was really convinced that we couldn't sort it out. But you did! Where I am now is just such a better place.'

E became homeless when her marriage broke down.

'I lost everything. I lost my home; I lost all my possessions; I wasn't able to see my children for months. I could never have believed that I would end up in this situation. It happened so quickly, and that's the scary part.

'You lose your privacy; you lose your independence. Everything associated with homelessness takes an enormous toll.

'Living at the Nightshelter has opened my eyes to the reality of life. I feel a lot stronger now. I've become more tolerant and more accepting, less judgmental. I've realised that even if you're someone with a criminal record or a drug problem, or an alcohol problem, it doesn't make you a bad person. Things are not that simple.'

In Their Own Words

T had a brain tumour which left him with seizures. When that was followed by a stroke, his marriage broke up. He moved in with his mother, but she was elderly and unwell herself and unable to give him support.

'The council said this was the best place for me to come. It has been helpful – the staff have looked after me and they've helped me with finding somewhere else to go. I'm hoping to move out soon to a place in the New Forest where I'll be nearer my son.'

'The lack of privacy is hard because some of the other residents are tougher than me. I've got a radio which one of the volunteers gave me and I listen to that in the evenings.'

A was born to a 13-year old child prostitute. His first memory is of walking around the bombed out houses of London's East End clutching the hand of his baby sister, while holding on tightly to an Easter egg.

*'Her pimp moved in with us and I used to see her stabbed and him waking her to start another night's work. But one day, **A**'s Mum didn't wake up – she was dead and at seven years old, **A** was the sole carer of his little sister and two baby half-brothers.'*

'He started injecting me with heroin – and I was raped. Obviously, he was working up to starting me on the streets.' But neighbours intervened and the children were taken into care.

But this was the 1960s and **A** remembers being beaten by a care worker and bleeding from his eye. *'I went to foster families, but it was all too late...at one time I went to a really good school and loved history and archaeology. The foster father wanted me to be a lawyer, but when I was 13, I just gave up and ran away.'*

A is an articulate, tranquil man. He suffers from bi-polar disorder, but his temperament hides the horror of his childhood. And yet, heroin is literally "in his blood" and he knows he has taken some wrong turnings through his life. *'I probably take heroin twice in ten days now. It stops the nightmares and insomnia, but I try to make sure that I'm controlling it, rather than drugs controlling me now.'*

Mentoring

Mentor

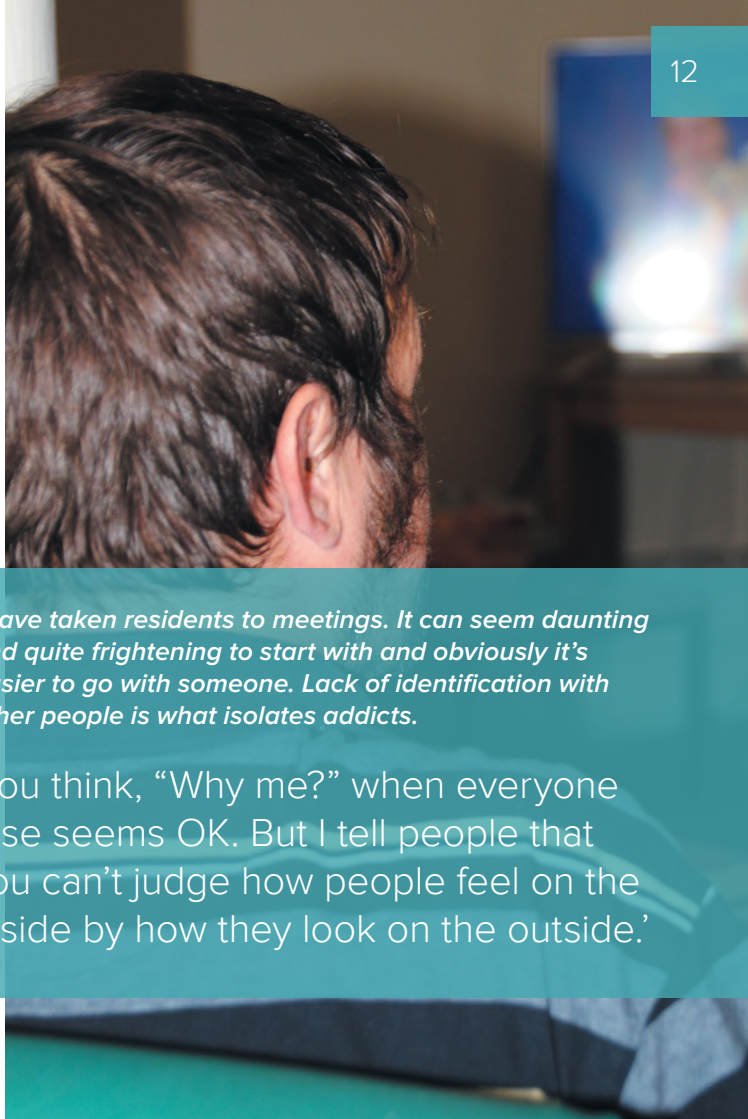
Paul Treasure

Paul visits the Nightshelter once a week to mentor residents and help them discuss issues around alcohol and drug misuse.

A former substance abuser himself, Paul hopes that some residents may be able to identify with his experience – and join the road to recovery.

‘When I was at rock bottom, it was listening to other people who knew, who really understood what I was going through that made all the difference.’

Paul leads a group session for any resident who wants to attend – and then he is available to talk privately. *‘I come in on a Wednesday, because that’s the evening when Alcoholics Anonymous and Narcotics Anonymous meet and their 12-point recovery plan is the only way I know to beat the habit.’*



‘I have taken residents to meetings. It can seem daunting and quite frightening to start with and obviously it’s easier to go with someone. Lack of identification with other people is what isolates addicts.’

‘You think, “Why me?” when everyone else seems OK. But I tell people that you can’t judge how people feel on the inside by how they look on the outside.’

Just Another Weekday...

...At The Nightshelter

7am Wakey, wakey: first knocks on residents' bedroom doors. Breakfast is a help-yourself buffet in the kitchen. The overnight volunteer may join residents for cereal and toast. **Usually there are enough donations for residents to make up lunchtime sandwiches.** There is an air of disarray as everyone gets ready to start the day.

8am The overnight volunteer is free to leave. Lisa the NS administrator and Michele the manager arrive for work. By 8.30 some residents leave for the day – others are waiting for a cookery workshop. **Once a month there's a meeting of all**

Nightshelter staff and another day is the resident's forum and training morning.

9am The phone starts ringing with offers of donations and new requests for bed spaces.... Two of the support workers have begun one-to-one meetings with residents about budgeting and an application for supported accommodation.

10am A former resident drops by to say "hello". **Fareshare arrive with food from local supermarkets.** It's a massive donation and it needs unpacking quickly.

11am **Lisa's phoning to fill a gap on the volunteer rota** – if she can't get cover for Sunday morning then the Nightshelter will have to close and residents will miss their weekly lie-in. Meanwhile a volunteer calls in with tonight's evening meal.

Noon Michele, Olly and Debby are discussing who should be offered beds when two existing residents move-on.

There's a waiting list and they agonise and weigh up local connection to Winchester, health conditions, substance misuse, a history of violence to others and the need to keep everyone safe.

1pm **The treasurer calls in: she's got some forms to sign and needs to check details about staff working hours.** The volunteer office worker finishes her morning shift: she leaves behind a pile of thank you letters to supporters and an updated health and safety folder.

2pm **The ex-resident who called by this morning is now back and very drunk.** Michele notices him laid in the car park outside the Discovery Centre.

Just another weekday



He tells her he's taken 120 valium tablets and Lisa calls an ambulance. He passes out and two members of staff wait with the doubly incontinent man.

3pm A current resident with learning difficulties joins the group. He tries to hug his mate "better" and the unconscious man stirs and begins singing. He sits up and says he feels fine. Staff encourage him to wait for the ambulance but he and the current resident walk off arm in arm – and swaying slightly

4pm Staff try to catch up on the work which should have been done during the afternoon. **Debby needs to confirm move-on accommodation for one resident and there's the quarterly stats return for Hampshire Adult Services.**

5pm This evening's project worker arrives. Handover information is written up in the log: a specially devised database which files everything that goes on within the Nightshelter and records care and support for each resident.

6pm Residents return to the Nightshelter. They are breathalysed and **anyone who is over the legal driving limit is sent away to sober up to ensure that all residents and staff are safe for the night.** If they are back before 10 they can have their bed for the night.

7pm The volunteer evening cooks are busy prepping dinner alongside a student from Winchester College. **Every night in term time one of the boys comes in to help prepare and wash up** after our evening meal.

8pm One of the residents speaks to the supervisor about a problem with their benefits. She arranges a support meeting for the next day.

9pm Some of the residents prefer to spend the evening in their room. Others are watching TV in the communal lounge. Once Bake-Off finishes there can be "lively" discussion about what channel comes next. The overnight volunteer arrives.

10pm The overnight volunteer starts a game of cards with a couple of residents while the supervisor updates the log about a resident who hasn't shown up.

11pm The Nightshelter quietsens...all residents are in their rooms ...until tomorrow.

at the Nightshelter



Total number of people who stayed with us: **105**



93 people → Men
12 people → Women



25 people → under 25 years
34 people → 26-40 years
46 people → 41+ years



61 people → Local to Winchester
36 people → Local to Hampshire
8 people → From outside Hampshire



12 people → in paid work
63 people → who admitted they had debt problems

From last year:

Average length of stay

2015/16 → **57 days**
2014/15 → *40.5 days*

Total no of hours worked by NS volunteers

2015/16 → **9204h**
2014/15 → *8525h*

Referrals from Winchester City Council

2015/16 → **55**
2014/15 → *30*

Catering

Catering Co-ordinator

Cassi

Cassi joined the Nightshelter team this year as part-time Catering Co-ordinator. Here she explains why food is about more than basic nutrition.

They say that the kitchen is the heart of the home, that food is the route to our souls.

The Nightshelter is home to many, people from all walks of life, with different backgrounds, stories and past experiences. Food is our common ground, a universal experience. Alleviating hunger is the first step, enjoying food together is the next.

I see my role as Catering Co-ordinator as just that. Giving our residents the opportunity to socialise, relax and restore their health and wellbeing while they're here by providing good, hearty and healthy meals every day, just like we would have at home (and sometimes much better!)



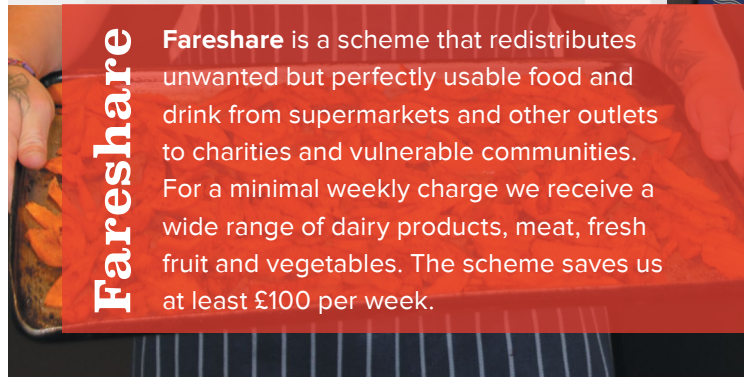
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None of this would be possible without the amazing selection of nutritious home-cooked dishes we continue to receive from volunteers all over Winchester and beyond, or our wonderful team of evening cooks, who this year are setting the bar very high indeed!

A huge thank you goes out to everyone who has donated their time, culinary expertise and store cupboard essentials over the past year. Every month on our website we update our “most wanted” items – please continue to check that because our needs do change. **Your contributions save us nearly £27,000 a year and we couldn't do it without you!**

Fareshare

Fareshare is a scheme that redistributes unwanted but perfectly usable food and drink from supermarkets and other outlets to charities and vulnerable communities. For a minimal weekly charge we receive a wide range of dairy products, meat, fresh fruit and vegetables. The scheme saves us at least £100 per week.



Moving On!

The Move On Project

The Nightshelter's first Move On house has been in operation for over a year. It gives residents the chance to make a first step into the private rented sector while receiving regular support from our outreach worker, Debby. Here she reflects on the ups and downs of Housesharing.

We have had eight Nightshelter residents move on to our training tenancy

Four of those have now moved on to different accommodation. People have been staying for longer than we originally anticipated: finding (and staying in) employment has been tricky, and it takes time for residents to save the deposit towards a more permanent place on their own.

Inevitably there can be the usual tensions of housesharing – cleaning rotas, disappearing food and personality clashes. But overall the tenants have kept the house very clean and tidy. One resident has painted the lounge and bathroom, and they have all contributed to looking after the garden.

We have plans for a second property so we can help more Nightshelter residents take this important step at an affordable cost. On the open market many landlords will no longer rent to people who are claiming housing benefit. This may be because the 'local housing allowance' does not cover the average rent and tenants have to do a 'top up' out of their benefits which can be from £50 upwards per month.

Many thanks to all the residents who have been through or who are still living in our Move On house. We've learned a lot together and they are a pleasure to work with! Thanks also to our landlady who has been wonderfully understanding and helpful and with whom we have just signed another year's agreement.

Volunteering

Volunteers

Their Stories

Without our volunteers the Nightshelter couldn't carry on. It really is as simple as that! There's a wide variety of roles – and you'll be supported and trained for whatever you undertake. We need people to stay overnight, cooks, evening and Sunday helpers as well as home-cooking teams.

Read here what some of our volunteers have to say.

The Nightshelter began opening on Sundays back in 2013. The experiment began following a request at the resident's forum and their wish to have a 'Sunday lie-in'.

Caroline volunteers at the nightshelter on a Sunday afternoon.

'Generally I help out with whatever needs doing: sorting and packing away clothes that have been donated or I do a bit of clearing and washing up.'

'Sometimes I will help prepare vegetables for the evening meal or put the cakes/biscuits out for afternoon tea. Occasionally other homeless people will come to the window and I will make them a hot drink. If there is nothing to do I generally sit in the TV lounge and have a coffee with the residents. If they want to have a chat I will talk with them.'

'I haven't yet done a Sunday morning because the thought of cooking breakfast has been a bit daunting but I have just volunteered to do a morning session so I hope the residents survive my cooked breakfast! I really enjoy volunteering at the shelter and wish I had come along before.'



Sharron ‘The Sandwich Lady’

She has been coming to the Nightshelter every Friday morning for the last five years. Every week she brings 17 packs of home-prepared sandwiches which the residents take out for Saturday lunchtime when other support services are closed. Sharron, the sandwich lady, won a Mayor’s Award for her quiet dedication. And what makes a perfect sandwich for the Nightshelter residents? ‘Ham’, she laughed.

Resident: ‘I have eaten more in the last two days than I have eaten in the past two years. Obviously, when you live on the street, you have to eat when you can and what you can.’

Tracy has been helping at the Nightshelter on a Sunday and during the week since last December.

‘Sundays are usually much quieter than during the week. But in the winter and when it’s raining, residents like the once-a-week opportunity to be able to relax ‘at home’. Sometimes, it’s just a case of being around: I bring a book and read or it’s a good opportunity to use the Wi-Fi and catch up on emails.’

'There's always a Salvation Army delivery of sandwiches on a Sunday and there can be other donations to sort or put away.'

Anthony started helping at the Nightshelter as an 'overnighter' about four years ago.

'When I clock in at nine o'clock, I check that the dining room and kitchen have been cleared – that work's usually been completed by the evening helpers. I might make a record of the fridge and freezer temperatures or get out some laundry for new residents.'

'Some of the residents stay in their rooms, but others will sit in the lounge and watch television. Sometimes they want to chat and often we simply sit in companionable silence. Once the communal areas closed we tidy the room, and get breakfast out for the morning. My bedtime is normally at about 11.30pm. I rarely stir before 6.30am and I leave at 8am.'

'The role is not demanding, but it's at the heart of what the Nightshelter is about and the residents appreciate that. I have never witnessed any 'bother'. This is a great way of helping out and it doesn't require any specific skills – I recommend it.'



Emergency Cover

Sometimes volunteers have to cancel a shift. Thankfully, it doesn't happen very often, but when it does, particularly before a week-end, it sends Lisa, our office administrator, into a tail-spin!

'It can take numerous phone calls to find someone who is free at the last minute. I feel so guilty hassling people ...and leaving endless messages. But if we don't have a volunteer to support the staff member on a shift, then the Nightshelter can't open. So I keep dialling out, but it is the most stressful part of my job.'

You could help by joining an Emergency Volunteer list who Lisa can call in her hour of need!

Email her at admin@wcns.org.uk and of course please only cancel a shift in a real personal emergency.



Business Volunteers

Volunteers give their time to the Nightshelter, but individuals and businesses also donate an invaluable range of professional skills and resources.

R owns a launderette business in Hampshire. Twenty years ago, the company was asked to supply a commercial washer and dryer for use by Nightshelter residents. Since that time, they have continued to provide free maintenance and replacement of the equipment.

‘Commercial laundry equipment is “what we do” and we sense a moral imperative to help others in real difficulty. I’d encourage any local business to think about how their goods or services could be a valuable contribution to the Nightshelter or other organisation.’

J first contacted the Nightshelter when he became fed up with residents hanging around his computer shop.

But what began as a complaint turned into fourteen years of IT support and service to the Nightshelter. J has served as both a director and volunteer at the shelter and he admits:



‘Once you know people’s story it stops being so black and white. I try to incentivise some of the guys – to give them a bit of a work ethic. One of them came and painted my shop and now we’re setting him up a website for his own business. That gives me a great buzz.’

Kee Creative are a local design agency. Much of their work is focused on the car industry, but they designed this annual report at no cost to the Nightshelter.

‘It’s with a great sense of pride we are able to give back to our local community by utilising our skills and talent for such a worthy charitable cause as the Nightshelter.’



Could YOUR business help the Nightshelter or its residents?

Working in partnership

Gillian Knight is Head of Housing Options at Winchester City Council. She praised the Nightshelter for meeting the needs of the most vulnerable and excluded members of the community.

‘The Nightshelter supports the council’s preventive vision that we all work together locally to support those at risk of homelessness.

‘We need services that can step in when things go wrong; to give people another chance and the Nightshelter provides these opportunities every day of the week.

‘The Nightshelter is a much valued partner organisation. Their commitment continues to meet the needs of the most vulnerable and excluded members of our community by providing targeted help and support to enable homeless people to find a pathway out of rough sleeping, sustain tenancies after moving on from the Nightshelter and most importantly play a big part in helping the council to reduce local rough sleeping.’

From the Probation Service

Can I just say a massive thank you for everything you and WCNS have done for the Integrated Offender Management Team cases. Your service and the passion and commitment of you and your team is second to none and so vital to our service users. It’s been a real pleasure working with you.

Thanks and acknowledgements

We are indebted to so many individuals, groups and organisations for their generosity and commitment – we could not help as many people as we do without you! Many of our marvellous supporters are featured in this report but in addition, special thanks go to:

- Oliver Borthwick Memorial Trust for kindly supporting our advocacy and befriending service.
- Winchester Cathedral for providing work placement opportunities, donations and support.
- Canon Paul Townsend and the team at St Peter’s Church for their constant help and support.
- Graeme Pick and staff at the Winchester Discovery Centre for their ongoing support, understanding and provision of facilities.
- Winchester City Council Housing Officers and Hampshire County Council Supporting People for help, advice and funding.
- Hampshire Constabulary Police Officers and PCSOs who assist us in several ways.
- The University of Winchester for their on-going support in engaging student volunteers and other initiatives.
- Lisa Boyd and Citrus Coaching for their free regular support to the Nightshelter by helping staff develop personal skills.
- Booker Cash and Carry in Eastleigh for their support.
- Winchester Round Table and visitors to the Winchester Fireworks display for their generous donations which have enabled us to keep the Nightshelter open to residents on public holidays throughout the year.

How can you help?

- **Volunteer**

Last year our volunteers worked an incredible **9,204 hours** and helped save us over **£74,000**. Read our volunteer stories inside and please get in touch if you could spare a few hours.

- **Donate food and goods**

Donations of food and other domestic goods save us around **£27,000** every year – an incredible amount of money that we can allocate to other vital services.

- **Financial Donations**

Over a third of our annual income comes from private donations. We depend on the generosity of these individuals, churches and other local groups to continue our work. Giving is simple:

 **01962 862050**

 **admin@wcns.org.uk**

Registered charity number: 1080443 | Company number: 03928334

Under the Charities Act 2006, charities are required to demonstrate that their aims are for the public benefit. The vision and mission of the charity are as above. The purpose of the charity is beneficial in a way that is identifiable and evidenced in this Annual Report. The Annual Report also identifies that the charity benefits a sufficient section of the public. The Board of Directors regularly monitors and reviews the success of the organisation in meeting its goals and can confirm that all the activities of the charity are undertaken in pursuit of its aims.

➔ Text **WCNS15** followed by £5 or £10 to **70070**

➔ Make a one-off or regular gift via **JustGiving.com** or our website. You can also set up a standing order or make a cheque donation. Don't forget to **Gift Aid!**

➔ Make us a beneficiary of your Will

➔ Contact us to talk about Corporate or Payroll Giving